

NATIONAL ATHLETIC & CYCLING ASSOCIATION

1962 Championships

| EVENT | POSITION | ATHLETE | CLUB | PERFORMANCE |
|--------------------------|----------|---------------|-------------------------------------|-------------------|
| 60 yds | 1 | M Lanigan | UCD | 6.4 secs |
| | 2 | | | |
| | 3 | | | |
| 100 Yds | 1 | G Mc Shane | Dowdallshill | 10.2 |
| | 2 | M Lannigan | UCD | |
| | 3 | W Glynn | UCD | |
| 220 yds | 1 | G Mc Shane | Dowdallshill | 23.5 secs |
| | 2 | | | |
| | 3 | | | |
| 440 yds | 1 | J C Riordan | UCC | 50 secs |
| | 2 | B O Neill | St Johns Tralee | |
| | 3 | B Murray | UCC | |
| 880 yds | 1 | T Whyte | St Augustines | 1 min 59.5 secs |
| | 2 | | | |
| | 3 | | | |
| 1 Mile | 1 | T O Connor | Dublin City | 4min 23.3 secs |
| | 2 | M Rudden | St Augustines | |
| | 3 | T Madden | Derrydonnell | |
| 4 miles | 1 | S O Sullivan | Killmallock | |
| | 2 | B O Gorman | St Finbarrs | |
| | 3 | J Downes | Killmallock | |
| Marathon | 1 | S Kearns | Newry | 2 min 37 m 7 secs |
| | 2 | J Dooley | Cardinal Griffin | |
| | 3 | J O Brien | Ballymore | |
| Relay 440.220.220.880 | 1 | St Finbarrs | O Sullivan, Lynch, Coady Buckley | 3 min 39.4 secs |
| | 2 | UCC | | |
| | 3 | Millstreet | | |
| 120 yds Hurdles | 1 | M Lanigan | UCD | 15.1 secs |
| | 2 | E Thornton | UCD | |
| | 3 | J Sheehy | Macroom | |
| 440 yds Hurdles | 1 | M Lanigan | UCD | 58 secs |
| | 2 | | | |
| | 3 | | | |
| High Jump | 1 | J Sheehy | Macroom | 6ft 3 ins |
| | 2 | P O Shea | Millstreet | |
| | 3 | T Twomey | Rising Sun | |
| Long Jump | 1 | W Glynn | UCD | 23 ft 7 ins |
| | 2 | | | |
| | 3 | | | |
| Triple Jump | 1 | S O Dwyer | Ardgroom | 49 ft 4 ins |
| | 2 | T Twomey | Rising sun | |
| | 3 | R O Dwyer | Ardcroom | |
| Pole Vault | 1 | L Gleeson | Nenagh | 12 ft |
| | 2 | | | |
| | 3 | | | |
| Shot | 1 | H O Callaghan | UCC | 48 ft 3 ins |
| | 2 | | | |
| | 3 | | | |
| Hammer | 1 | P Crehan | St James Gate | 138 ft 10 ins |
| | 2 | | | |
| | 3 | | | |

| | | | |
|-----------------------|-----------------|--------------|-----------------|
| Javelin | 1 D Toomey | UCD | 204 ft 2 ins |
| | 2 | | |
| | 3 | | |
| Discus | 1 H O Callaghan | UCC | 136 ft 4 ins |
| | 2 K Prendergast | UCD | 136 ft 1 ins |
| | 3 M Hehir | Ballinasloe | 117 ft 2..5 ins |
| 56 lbs Over bar | 1 M Hehir | Ballinasloe | 14 ft 6 ins |
| | 2 M Kelly | Portarlinton | 14 ft 3 ins |
| | 3 T Twomey | Rising Sun | 13 ft 9 ins |
| 56 lbs Without Follow | 1 T Twomey | Rising Sun | 27 ft 7 ins |
| | 2 | | |
| | 3 | | |
| Decathlon | 1 D Toomey | UCD | 5179 |
| | 2 H O Callaghan | Clonmel | 5122 |
| | 3 L Kelleher | Kilmacud | 3728 |

SENIOR CROSS COUNTRY

JUNIOR CROSS COUNTRY