

National Athletic & Cycling Association

1957 Championships held at Iveagh Grounds Crumlin in 27/28 July

Event	Position	Athlete	Club	Performance
60 tds	1	D Chew	Newry	6.4 secs
	2	M Manning	Croom	
	3	M Mc Donagh	Civil Service	
100yds	1	O Dalton	UCD	10.3
	2	J Parker	St James Gate	
	3	M Manning	Croom	
220 yds	1	O Dalton	UCD	23.6 secs
	2	C Ellis	Regional	
	3	P Sheehan	St James Gate	
440 yds	1	C Vaughan	St Finbarrs	51.3
	2	T Foley	Celtic	
	3	D De Loughrey	Dublin City Harriers	
880 yds	1	J K O Neill	UCD	2 mins
	2	P J O Sullivan	Regional	
	3	F O Kelly	Celtic	
1 Mile	1	J Cunningham	Metro	4 min 20.4 secs
	2	T Madden	Derrydonnell	
	3	C Brady	Dublin City Harriers	
4 Miles	1	B O Sullivan	Regional	19 min 55.4 secs
	2	H Gorman	St Augustines	
	3	W Morris	Derrydonnell	
Marathon	1	D Lennon	Banbridge	2hr48min 7 secs
	2	P Mc Cabe	West Belfast	2hr 49min 46 secs
	3	J Murphy	Dowdalshill	2 hr 52 min 32 secs
120 yds Hurdles	1	JJ Whelan	St James Gate	15.6 secs
	2	JJ Gilmartin	Civil Service	
	3	M Lanigan	Waterford	
High Jump	1	G Gerathy	Nenagh	5ft 11ins
	2	J Furey	St James Gate	5 ft 9 ins
	3	B Martin	Dun Dealgan	
Hop Step & Jump	1	JJ Higgins	Inchicore	46 ft 4 ins
	2	R O Dwyer	Ardgroom cork	45 ft 8.5 ins
	3	J P O Reilly	Greencockade	42 ft 11ins
Discus	1	K Healy	St Dymha	132ft 6.5 ins
	2	M Gleeson	St James Gate	125 ft 10 ins
	3	M C Hehir	Ballinasloe	125 ft 4 ins
56 Lbs over bar	1	M Kelly	Portarlinton	14 ft 6 ins
	2	M C Hehir	Ballinasloe	14 ft 3 ins
	3	P Ruddle	Croom	13 ft
Relay	3	A Mc cormack	Waddington	13 ft
	1	UCD	O Neill Fitsimons	
	2	Inchicore	Maloney Gorman	
440 yds Hurdles	3	Dublin City		
	1	T Foley	Civil Service	58.9 secs
	2	D De Loughley	Dublin City	
3	P Naughton	Nenagh		
Long Jump	1	J Loftus	Ballina	21ft 0.5 ins
	2	N Roche	Civil Service	20 ft 11.75 ins
	3	J O Gorman	Clomel	20 ft 0.5 ins
Pole Vault	1	D Hyland	Carlow	11ft 6 ins
	2	L Gilleeson	Nenagh	10 ft 6 ins

	3		
Javelin	1 D Nugent	Armagh	173 ft
	2 M Mc Namara	Clare	170ft 10 ins
	3 E Cantwell	UCD	163 ft 1 ins
Shot	1 J Duggan	Ballyglass Galway	43ft 5.5 ins
	2 K Healy	St Dyampha	42 ft 7.5 ins
	3 A J Kenna	UCD	41 ft
Hammer	1 T Kelly	Civil Service	151 ft 11ins
	2 W Shanahan	Civil Service	147 ft 11
	3 JJ Doherty	Civil Service	147 ins
Decathlon	1 P Naughton	Nenagh Olympic	4990
	2 T O Callaghan	UCC	4707
	3 L Gleeson	Nenagh Olympic	4279

SENIOR CROSS COUNTRY

1. W Morris Galway 48.35
2. W Scott Tipp 49.38
3. S Callan Louth 49.38
- 4 J Houlihan Limerick 49.44
- 5 S O Sullivan Limerick 49.47
6. P O Sullivan 49.49

- TEAMS
1. Limerick 60
 - 2 Tipperary 63
 - 3 Galway 89

JUNIOR CROSS COUNTRY

1. P Harnett Limerick 10.27
- 2 A Mc Gaych Derry 10.30
- 3 J Danagher Clare 10.34
- 4 P O Sullivan Limerick
- 5 P Caulfield Galway 10.42
- 6 E O Brien Limerick 10.50

- TEAMS
- 1 Limerick 71
 2. Tipperary 107
 - 3 Clare 114