

1995 BLE Championships Santry 15/16 July

Senior Men

Event	Position	Athlete	Club	Performance
100 m	1	I Craig	Annadale	10.67
	2	G Ryan	Nenagh	10.8
	3	K Cogley	DMP	10.86
200 M	1	M Allen	Annadale	21.35
	2	G Ryan	Nenagh	21.66
	3	P Brizzell	Ballymena	21.88
400 M	1	S Newman	DCH	47.93
	2	A Foran	Clonliffe	48.08
	3	P Kelleher	Bandon	48.61
800 M	1	D Mathews	UCD	1.47.87
	2	D Caulfield	DCH	1.48.72
	3	N Bruton	Clonliffe	1.49.31
1500 m	1	M Carroll	Leevale	3.39.67
	2	C Finnerty	Mullingar	3.40.77
	3	K Nason	Leevale	3.44.42
5000 M	1	F O Meara	Limerick	13.45.79
	2	S Power	Kilmurray	13.50.31
	3	D Burke	Mullingar	13.56.32
10000 M	1	N Berkeley	DSD	29.55.57
	2	G Curtis	Donore	30.23.04
	3	N Richardston	Donore	30.28.3
110 M Hurs	1	S Cahill	Cushintown	14.4
	2	P Coughlan	Crusaders	14.62
	3	C Mc Cart h	Crusaders	16.09
440 M Hurs	1	T Mc Guirk	DCH	50.97
	2	B Liddy	Marian	52.94
	3	S Flavin	DSD	53.19
3000 M Chase	1	J Murray	DCH	9.03.34.2
	2	K Stack	North Cork	9.03.93
	3	C Gallagher	Letterkenny	9.09.48
10 K Walk	1	M Casey	Sligo	41.30.73
	2	J Mc Donald	DCH	42.19.35
	3	P O Callaghan	UCD	42.25.33
56 Lbs Height	1	P Maher	Brow Rangers	4.5
	2	J Mentob	Donore	4.05
	3	P Quirke	Crusaders	4.5
Shot Putt	1	P Quirke	Crusaders	17.04
	2	T Mc Hugh	DCH	14.68
	3	J Farrelly	DSD	14.44
Discus	1	N Sweeney	DSD	47.42
	2	P Quirke	Crusaders	49.14
	3	G Nagle	UCD	47.06
Javelin	1	T Mc Hugh	DCH	71.76
	2	S Murray	Klub Keihus	65.94
	3	D Smahon	Lisburn	61.66
High Jump	1	M Mandy	Cannock	2.13
	2	K Keane	DCH	2.1
	3	A Burke	UCD	2.1
Long Jump	1	J Kron	DCH	7.73
	2	C Mc Donagh	Fr Murphys	7.53
	3	P Bergin	Australia	6.93
Pole Vault	1	N Young	Lisburn	4.80

	2	J Hallissey	Ferrybank	4.70
	3	A Burke	Hounslow	4.50
56 Lbs Distance	1	J Menton	Donore	8.33
	2	S Fitzpatrick	Nth Laois	7.64
	3	J Farrelly	DSD	
Triple Jump	1	M Mc Donald	Border	14.22
	2	L Kelly	St Albans	13.34
	3	S Lonergan	Kilkenny	13.27

Senior Women

100 m	1	M Carroll	Crusaders	11.83
	2	E Haastrup	Clonliffe	12.2
	3	L Barry	Limerick Emerald	12.31
200 M	1	M Carroll	Crusaders	24.46
	2	E Haastrup	Clonliffe	24.84
	3	C O Connor	Lisburn	25.1
400 M	1	M Carroll	Crusaders	54.18
	2	E Nicholson	DCH	54.26
	3	C Hill	Sparta	56.31
800 M	1	A Molloy	DSD	2.03.51
	2	F Davern	UCC	2.08.09
	3	S Gallagher	Dunboyne	2.09.89
1500 M	1	S O Sullivan	Ballymore	4.07.09
	2	S Delahunty	Kilkenny City	4.10.04
	3	B Dennehy	Bandon	4.20.88
5000 M	1	T Duffy	Beechmount	16.15.94
	2	B Dennehy	Bandon	16.26.57
	3	G Hendricken	St L O Toole	16.31.64
10000 M	1	R Lambe	Knockbridge	34.13.15
	2	P Griffin	Ballinamore	37.02.19
	3			
100 M Hurs	1	S Smith	Waterford	13.99
	2	E Murphy	Nenagh	14.75
	3	S Foley	Lifford	14.98
400 M Hurs	1	M Bloomer	Mountmellick	60.5
	2	V Jamison	Lagan valley	61.71
	3	E Murphy	Nenagh	63.09
5k Walk	1	D Gallagher	UCD	23.14.24
	2	G O Sullivan	Farranfore	24.30.9
	3	R Comerford	Kilkenny	25.43.9
High Jump	1	S Foley	Lifford	1.76
	2	B Corrigan	DCH	1.73
	3	B Tierney Browne	Nenagh	1.73
Long Jump	1	J Stokes	Fethard	6.17
	2	C Teehan	Newbridge	5.22
	3			
Javelin	1	D Shakespeare	DSD	46.26
	2	A Moffitt	Nth Down	43.96
	3	K Campbell	Lisburn	43.64
Triple Jump	1	S Hoey	UCD	11.38
	2	B Tierney Browne	Nenagh	11.07
	3	A Furlong	DMP	10.83
Shot Putt	1	E Gavin	Limerick	12.65
	2	M Mahon	West Dublin	12.03
	3	A Moore	Rathfarnham	11.64
Discus	1	A O Brien	West Waterford	42.1
	2	R Renehan	Fr Murphys	40.14

Hammer	3	E Meagher	Blarney	37.9
	1	B Thompson	Slaney	44.28
	2	O Kelliher	St Johns	39.88
	3	N Coffey	Navan	37.92

1995 National Marathon 18 th April

Clonmel 18 th April

Men

1	Seamus O Donnell	GCH	2.23.38
2	John Griffin	St Johns	2.28.18
3	Noel Hyland	Raheny	2.31.26
4	Pat Heffernan	Croke	2.33.02
5	Brenard Feerey	Clonmel	2.34.31
6	Kevin Maunsell	Comeragh	2.34.33
7	Tony O Connell	Comeragh	2.36.25
8	TJ O Loughlin	Comeragh	2.36.55
9	Larry Folet	Donore	2.38.05
10	Nollaig Mc Entaaggar	Mullingar	2.38.56

Women

1	Brid Murphy	Leevale	2.51.33
2	Cathrina Dowling	DCH	2.57.29
3	Marie Morley	St Finbarrs	3.21.36
4	Angela Mc Evoy	St Finbarrs	3.28.34
5	Dolores Kelly	Dublin	3.45.76
6	Bernice Glavin	St Finbarrs	4.16.13
7			
8			
9			
10			

1995 BLE Cross Country

Naas Co Kildare 26th Feb

Senior Men

1	D Burke	Mullingar
2	S Power	Kilmurray
3	C Finnerty	Mullingar
4	N Cullen	Clonliffe
5	N Berkeley	DSD
6	R Mulligan	Clonliffe
7	J Burke	Mullingar
8	P Mathews	DSD
9	P Mc Colgan	Sparta
10	G Healy	Civil Service

Teams Inter Club

1	Mullingar	24
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2	DSD	51
3	Clonliffe	86
4	Donore	96
5	Civil Service	108
6	Sparta	171

Senior Women

1	T Duffy	Beechmount
2	A Keenan Buckley	North Laois
3	C Shum	Clonliffe
4	J Bruce	Dromore
5	M Donohoe	Clonliffe
6	M Harrington	Olympic
7	L Kavanagh	UCC
8	A Collins	St Finbarrs
9	G Hendricken	St L O Tooles
10	P Gorman	Tullamore

Teams Inter Club

1	Finn Valley	61
2	Clonliffe	105
3	St Finbarrs	112
4	Raheny	139
5	Donore	164
6	Naas	231

Junior Men

1	K Kelly	Boyne
2	O Crowley	Leevale
3	T Carey	Limerick
4	A Dunleavy	DSD
5	A Walker	Newbridge
6	C Halpin	Metro
7	R Mc Cormack	Limerick
8	G Hynes	Metro
9	N Lahive	Leevale
10	C lombard	Leevale

Teams Inter Club

1	Leevale	33
2	Metro	41
3	West Waterford	65
4	Marian	146
5	East Cork	161
6		

Junior Women

1	S Walsh	UCD
2	J Grant	Metro
3	T Hennessy	East Cork
4	V Lynch	Carrig Na Bhfear
5	D Brady	Rathfarnham

6	C Daly	East Cork
7	E Egan	Slaney
8	C Talty	Marian
9	O Cronin	East Cork
10	F Mc Cann	Trim

Teams Inter Club

1	East Cork	34
2	Marian	64
3	Slaney	65
4	Carig Na Bhfear	109
5	Tintyland	117
6	Mullingar	135