

# 1994 BLE Track & Field Champs

## Santry

### Men

Event	Position	Athlete	Club	Performance
100 M	1	Jeff Pamplin	DCH	10.94
	2	Neil Ryan	Nenagh OI	10.98
	3	Ian Cralg	Annadale S	11
200 M	1	Tom Mc Guirk	DCH	21.58
	2	Mark Allen	Annadale S	21.59
	3	Gary Ryan	Nenagh OI	21.84
400 M	1	Sean Mc Ateer	Harolds Cr	47.17
	2	Stephen Nwman	DCH	47.43
	3	Peter Sinclair	USC	48.21
800 M	1	David Mathews	UCD	1.49.81
	2	Daniel Caulfiels	DCH	1/50.57
	3	Pat O Keeffe	UCC	1.51.59
1500 M	1	Nial Bruton	Clonliffe Hr	3.42.27
	2	John Downes	London Iris	3.42.59
	3	Bobby Farren	Sparta	3.42.70
5000 M	1	Cormac Finnerty	Mullingar F	13.50.66
	2	Seamus Power		14.21.71
	3	Peter Mathews	DSD	14.24.12
10000 M	1	Noel Berkeley	DSD	29.22.52
	2	John Tracey	Waterford	29.30.58
	3	Noel Richardston	Donore	30.21.43
110 Yds Hurs	1	TJ Kearns	DCK	13.92
	2	Aeron Mc Kenna	Lourdes	15.07
	3	Melvin Mc Namaa	Limerick	15.56
400 M	1	Tom Mc Guirk	DCH	51.4
	2	Nigel Keogh	Blackheath	53.31
	3	Douglas Thom	Ballymrna	53.99
3000 M Chase	1	Liam O Brien	East Cork	8.56.43
	2	Richard Brabazon	Newbridge	9.12.71
	3	John Murray	DCH	9.18.53
10000 Wal	1	Michael Casey	Sligo	44.09.82
	2	Pierce O Callaghan	UCD	45.11.59
	3	Bobby O Leary	Clonliffe Hr	45.43.39
Long Jump	1	Jonathon Kron	DCH	7.12
	2	Michael Hallahan	Leevale	6.83
	3	Gareth Devlin	Ballinacree	6.58
High Jump	1	Kevin Keane	DCH	2.11
	2	Mark Mandy	Cannock	2.10
	3	Peter Minnogue	Harolds Cl	2.00
Triple Jump	1	Michael Mc Donald	Ballymrna	15.45
	2	Nicholas Ring	DSD	13.50
	3	Sean Lonergan	Kilkenny	13.33
Pole Vault	1	Neil Young	Lisburn	4.60
	2	John Hallissey	Ferrybank	4.30
	3	Fergal O Connell	Grange Wc	3.70
Shot Putt	1	Nick Sweeney	DSD	17.37
	2	Terry Mc Hugh	DCH	14.51
	3	John Farrelly	DSD	13.43
Discus	1	Nick Sweeney	DSD	60.36

	2	John Menton	Donore	48.95
	3	Mark Sweeney	DSD	47.68
Javelin	1	Terry Mc Hugh	DCH	72.32
	2	S Mahon	Lisburn	63.12
	3	Brian Crawford	Sparta	61.72
Hammer	1	Ronald Quinlan	WSAF	57.10
	2	Sean Egan	Donore	56.00
	3	Edward Healy	Donore	54.78
56 Lbs Height	1	Pat Maher	Brow Rang	4.61
	2	Nick Sweeney	DSD	4.30
	3	Seamus Fitzpatrick	Nth Laois	3.80
56 Lbs Distance	1	Nick Sweeney	DSD	9.23
	2	Seamus Fitzpatrick	North Laois	7.98
	3	Pat Maher	Brow Rang	7.61

## Women

100 M	1	Terri Horgan	DCH	12.18
	2	Audrey Farrelly	Clonlife	12.44
	3	Clare O Connor	East Down	12.53
200 M	1	Marissa Smith	Clonliffe	24.36
	2	Jacqui Stokes	Ferrybank	24.5
	3	Clare O Connor	East Down	24.68
400 M	1	Stephanie Mc Cann	Lisburn	54.81
	2	Karen Mills	Lagan Vall	56.99
	3	Mandy Bloomer	Mountwelli	57.38
800 M	1	Aisling Molloy	DSD	2.04.50
	2	Siobhan Brown	Blackrock	2.11.39
	3	Bernadette White O Leary	West Dub.,	2.13.83
1500 m	1	Sinead Delahunty	KCH	4.14.63
	2	Geraldine Nolan	KCH	4.14.66
	3	Anita Philpott	North Corl	4.14.89
5000 M	1	Geraldine Hendricken	St L O Too	0 35.62
	2	Teresa Duffy	Beechmou	9.38.53
	3	Ann Terek	Lisburn	9.40.07
100 m Hur:	1	Patricia Naughton	Nenagh	14.47
	2	Jane Hale	Lagan Vall	14.5
	3	Terri Horgan	DCH	14.65
400 m Hurs	1	Mary Bloomer	Mountmelli	60.77
	2	Olive Burke	Limerick	62.27
5000 M Walk	1	Deirdre Gallagher	UCD	23.34.02
	2	Gorgina Toughey	Tullamore	26.20.12
	3	Marie Walsh	SDS	26,31.41
High Jump	1	Laura Sharpe	Navan	1.85
	2	Breda Tierney Browne	Nenagh	1.70
	3	Olivia Scully	Emerald	1.70
Long Jump	1	Jacqui Stokes	Ferrybank	6.00
	2	Janice O Brien	Newbridge	5.75
	3	Caroline Deacy	UCD	5.17
Triple Jum	1	Siobhan Hoey	UCD	12.10
	2	Antoinette Furlong	Dmp	11.18
	3	Janice O Brien	Newbridge	11.06
Shot Putt	1	Kelly Kane	Sheffield	13.68
	2	Mary Mahon	West Dubli	12.79
	3	Nicola Coffey	Navan	11.41
Discus	1	Ailish O Brien	West Wate	42.46
	2	Mary Mahon	West Dubli	41.30
	3	Rita Renehan	Fr Murphys	36.96

Javelin	1	Dara Shakespeare	DSD	50.26
	2	Alison Moffit	North Down	44.62
	3	Katrina Campbell	Lisburn	42.44
Hammer	1	Brenda Thompson	Slaney Oly	39.98
	2	Elaine Hayes	North Laois	38.84
	3	Noreen Linehan	Eagle TC	38.04

## 1994 Indoor Champs

### Men

60 m	1	Jeff Pamplin	DCH	7.07
	2	David Power	DCH	7.28
	3	JC Farrell	St Albans	7.33
200 m	1	Gary Ryan	Nenagh Ol	22.26
	2	Jeff Pamplin	DCH	22.56
	3	Brian Forbes	Mid Ulster	23.13
400 M	1	Stephen Newman	DCH	49.17
	2	Frankie Higgins	Letterkenn	50.2
	3	Niall Dunne	Crusaders	50.76
800 M	1	David Mathews	UCD	1.52.1
	2	John Hayes	Raheny	1.55.4
	3	Patrick O Reilly	London Iris	1.55.96
1500 m	1	Nigel Brunton	UCD	3.56.5
	2	Mark Steward	Limerick	4.01.7
	3	Robert Maher	Boyne	4.05.9
3000 M	1	Nigel Brunton	UCD	8.29.66
	2	Charlie Gallagher	Letterkenn	8.43.51
	3	Leonard Doyle	Raheny	8.48.05
60 M Hurs	1	TJ Kearns	DCH	7.89
	2	John Whelan	DCH	8.13
	3	Peter Coughlan	Crusaders	8.32
5 K Walk	1	M Casey	Sligo	21.28.61
	2	Bobby O Leary	Clonliffe	21.30.95
	3	Michael Lane	Mullingar	24.11
Long Jump	1	Mischael Hallahan	Leevale	6.91
	2	Gareth Devlin	Ballinascre	7.54
	3	John Naughton	Nenagh Ol	6.5
Triple Jump	1	PJ Galvin	Beaufort	13.31
	2	Donal Burns	Finn Valley	13.24
	3	Sean Lonergan	KCH	12.92
High Jump	1	Antoine Burke	UCD	2.10
	2	Peter Minogue	Harolds Cr	2.05
	3	Donal Burns	Finn Valley	1.95
Shot Put	1	William Tyrell	Brehon	14.92
	2	Terry Mc Hugh	DCH	14.59
	3	Liam Greeson	DCH	13.82
Weight Distance	1	John Menton	Donore	8.00
	2	Seamus Fitzpatrick	North Laois	7.45
	3	Eugene Mc Tighe	Mayo	7.26
Pole Vault	1	John Hallissey	Ferrybank	4.40
	2	Thalius Hecksher	UCD	3.50
	3			

### Women

60 M	1	Terri Horgan	DCH	7.81
	2	Audrey Farrelly	Clonliffe	7.81
	3	Nicola Moore	DSD	7.95

200 m	1	Karen Mills	Lagan Vall	25.2
	2	Patricia Amond	DCH	26
	3	Antoinette Furlong	DMP	26.3
400 m	1	Michelle Gregg	West Dubli	58.97
	2	Lorna White	Crookstown	60.24
	3	Sandra Kirk	UCD	65.15
800 M	1			
	2			
	3			
1500 M	1	Roisin Smith	DCH	4.41.1
	2	Elaine Fitzgerald	Waterford	4.42.8
	3	Siobhan Browne	Blackrock	4.45.3
3000 M	1	Roisin Smith	DCH	10.08.17
	2	Elaine Fitzgerald	Waterford	10.09.52
	3	Patricia Griffin	Ballinamor	10.11.76
60 M Hurs	1	Brid Hallissey	Ferrybank	8.95
	2	Patricia Naughton	Nenagh	8.95
	3	Terri Horgan	DCH	9.07
30 K Walk	1	Deirdre Gallafger	UCD	13.32.91
	2	Marie Walsh	SDS	15.12.55
	3	Sylvia Lennon	KCH	19.09.00
Long Jump	1	Janice O Brien	Newbridge	5.79
	2	Maire O Meara	Nenagh	5.34
	3	Shauna Colhoun	Finn Valley	5.222
Triple Jump	1	Joss Hanrahan	Limerick	11.14
	2	Breda Tierney Brown	Nenagh	10.9
	3	Yvonne Naughton	Nenagh	10.43
High Jump	1	Laura Sharp	Nanan	1.95
	2	Sharon Foley	Lifford	1.83
	3	Breda Tierney Brown	Nenagh	1.65
Shot Putt	1	Eamma Gavin	Limerick	11.84
	2	Nicola Coffey	Navan	11.1
	3	Carilyn Godkin	Kilmore	10.63

## Junior Men

60 m	1	Stuart Mc Quaide	DCH	6.95
	2	Kevin Cogley	DMP	7.22
	3	Derek Gilbane	Carrick Sh	7.28
200 m	1	Stuart Mc Quaide	DCH	22.39
	2	Kevin Cogley	DMP	22.85
	3	Darren Crocock	Sligo	23.46
400 m	1	Keelan Conlon	UCD	49.66
	2	Eoin o Keeffe	Limerick	51.4
	3	Brendan Dowling	KCH	51.45
800 m	1	James Nolan	Ferbane	1.55.39
	2	Paul Fleming	WSAF	1.56.74
	3	John O Reilly	UCD	1.57.71
1500 M	1	Paul Mc Namara	GCH	4.06.3
	2	Fintan Ralph	St L O Too	4.11.6
	3	Conon Martin	Mid Ulster	4.12.5
3000m	1	Paul Mc Namara	GCH	8.36.7
	2	Fintan Ralph	St L O Too	9.03.58
	3	Niall Dargan	UCD	9.05.25
60 m hurs	1	John Whelan	DCH	8.17
	2	Peter Coughlan	Crusaders	8.26
	3	Ciaran Cash	West Dubli	8.66
5 K Walk	1	Jamie Costin	West Wate	22.20.24
	2	Joe Ryan	Mullingar	23.40.78

	3	Kiernan Brennan	St L O Too	24.17.96
Long Jump	1	Ciaran Mc Donagh	Fr Murphy	7.19
	2	Antoine Burke	UCD	6.54
	3	Colin Rafferty	St Andrews	6.32
Triple Jump	1	Liam Kelly	St Albans	13.5
	2	Gareth Devlin	Ballinascre	13.34
	3	Jonathon Hennessy	KCH	12.78
High Jump	1	Antoine Burke	UCD	2.03
	2	Derek Gillespie	Letterkenn	1.95
	3	Stephen Dowdall	Clonliffe	1.95
Hshot	1	John Leahy	Kilmurray	13.74
	2	Aidan Ahern	West Wate	12.42
	3	Patrick Donovan	Dromara	11.38
Weight Distance	1	John Leahy	Kilmurray	9.38
	2	Edward Brennan	St Albans	8.68
	3	Chris Rooney	East Down	8.65
Pole Vault	1	Eugens Fortune	DMP	3.20
	2	Fergal O Connell	Grange Wc	2.50
	3	Gordon Mc Ardle	Grange Wc	2.20

## Junior Women

60 M	1	Lena Barry	Emerald	7.81
	2	Audrey Farrelly	Clonliffe	7.9
	3	Nicola Moore	DSD	7.95
200 M	1	Karen Shinks	Newbridge	25.39
	2	Karen Lynch	Limerick	25.64
	3	Amanda Clifford	Leevale	25.64
400M	1	Annette Quaid	North Cork	58.11
	2	Patricia O Donoghoe	Nenagh	58.12
	3	Valerie Barry	Lismore	59.15
1500 M	1	Barbara Jiyce	Limerick	4.50.2
	2	Faye Boyle	Togher	4.50.9
	3	Caroline Mc Cormack		5.03.9
3000 M	1	Edel Mooney	Febbane	10.49.59
	2	Gwen Ryan	Limerick	11.03.35
	3	Susie Clooney	Slaney	11.10.07
60 m Hurs	1	Patricia Naughton	Nenagh	9.08
	2	Laura Macken	Roscommc	9.37
	3	Melissa Collins	Loughra	9.68
3K Walk	1	Gillian O Sullivan	Farrenfore	15.23.52
	2	Noleen Leddy	North Leitri	15.34.94
	3	Carline Ahern	West Wate	18.08.09
Long Jump	1	Caroline Deacy	UCD	5.39
	2	Shauna Coloun	Finn Valley	5.34
	3	Grainne O Mahony	Claremorri	5.27
Triple Jump	1	Nicola Hayes	Ferrybank	11.07
	2	Patricia Cahill	Lismore	10.87
	3	Yvonne Naughton	Slaney	10.75
High Jump	1	Olivia Scully	Emerald	1.65
	2	Deirdre Gahan	West Dubli	1.6
	3	Deirdre Ryan	Claremorri	1.55
Shot	1	Edel Meagher	Blarney	11.71
	2	Nicola Coffey	Navan	10.94
	3	Cathy Ford	Marian	10.44

## 1994 Juniors

## Men

Event	Position	Athlete	Club	Performance
100M	1	Kevin Cogley	DMP	10.85
	2			
	3			
200M	1	Kevin Cogley	DMP	22.17
	2	Derek Graham	Carrick Shannon	22.63
	3	Joe Butler	Raheen	22.82
400 M	1	Simon Mc Quaid	DCH	49.23
	2	Brian Liddy	Marian	49.79
	3	Eoin O Keeffe	Limerick	50.56
800 M	1	Karl Byrne	Donore	1.57.74
	2	Brendan O Shea	Slaney	1.58.08
	3	Paul Fleming	WSAF	1.58.16
1500 M	1	Pat O Keeffe	UCC	4.00.57
	2	Andrew Walker	Newbridge	4.02.32
	3	Paul Mc Namara	GCH	4.02.34
5000 M	1	Derek Murphy	Donore	15.40.34
	2	Sean Flaherty	Skerereen	16.08.87
	3	Darren Drummy	West Waterford	16.09.97
10 K Walk	1	Pierce O Callaghan	UCD	45.01.56
	2	Jamie Costin	West Waterford	45.26.73
	3	Joe Ryan	Mullingar	50.40.05
110 M Hurs	1	John Whelan	DCH	14.71
	2	Shane Mc Hugh	Roscommon	15.44
	3	Ciaran Cash	West Dublin	15.81
400m Hurs	1	Brian Long	Nenagh O	56.61
	2	Melvin Mc Narara	Limerick	57.09
	3	Kenneth Tracey	Midleton	57.85
3000 M Chase	1	Carl Walsh	Leevale	9.38.58
	2	Aidan Kavanagh	Leevale	9.46.07
	3	Niall Dargan	UCD	
Long Jump	1	Antoine Burke	UCD	6.94
	2	Gareth Declin	Ballinscreen	6.81
	3	Mark Hayes	Na Fianna	6.46
High Jump	1	Antoine Burke	UCD	2.06
	2	Derek Gillespie	Letterkrnny	2.03
	3	Liam Kelly	St Albans	1.95
Triple Jump	1	Jonathon Hennessy	KCH	13.20
	2	Declan O Mahony	Midleton	12.50
	3	Alan Dunford	Templemore	12.45
Pole Vault	1	Fergal O Connell	Grange Wood	3.80
	2	Peter Mc Gowen	Metro Brigids	3.60
	3	Julian Hecksher	Crusaders	3.50
Shot	1	John Leahy	Kilmurray	13.16
	2	Johnathon Mc Sween	Eagle	12.82
	3	Patrick Davey	Dromara	11.80
Discus	1	Simon Davey		44.40
	2	Nigel Travers	Donore	37.10
	3	Aiden Aherne	West Waterford	36.56
Javelin	1	Niall Tuckey	Raheny	51.50
	2	Mark Hayes	Na Fianna	49.86
	3	Edwin Duffe	KCH	49.48
Hammer	1	Michael Mc Ginn	Tullamore	49.00

	2	Stephen O Connor	Donore	48.26
	3	Lorcan Carpenter	Crusaders	48.24
28 Lb Distance	1	John Leahy	Kilmurray	9.72
	2	Patrick Davey	Dromara	8.66
	3	Edward Brennan	St Albans	8.42
4x100 Relay	1	DMP	44.08	
	2	Togher	45.94	
	3	Aghaderg	49.66	
4 X 400 Re	1	KCH	3.34.97	
	2	Togher	3.43.18	
	3	West Waterford	3.49.43	

## Women

Event	Position	Athlete	Club	Performance
100 M	1	Niamh Mc Glynn	West Dublin	12.12
	2	Catherine Teehan	Newbridge	12.45
	3	Amanda Clifford	Leevale	12.49
200 m	1	Amanda Clifford	Leevale	25.56
	2	Suzanne Cummins	Nenagh	25.68
	3	Karen Lynch	Limerick	25.7
400 M	1	Valerie Barry	Lismore	58.28
	2	Fiona Scully	Clonliffe	59.42
	3	Teresa Doherty	Finn Valley	60.22
800 M	1	Noelle Kelly	Marian	2.15.00
	2	Caroline Mc Cormack		2.15.89
	3	Blanaid Quigley	Brehon	2.18.34
1500 M	1	Barbara Joyce	Limerick	4.50.46
	2	Geraldine Kiely	West Waterford	4.55.14
	3	Ruth Murphy	UCD	4.57.27
3000 M	1	Rosemary Ryan	Bilboa	9.43.88
	2			
	3			
5000 M Walk	1	Gillian O Sullivan	Farranfore	24.51.03
	2	Noeleen Leddy	N Leitrim	26.38.87
	3	Georgina Tuohy	Tullamore	26.51.25
100 M Hurs	1	Melissa Collins	Loughrea	14.97
	2	Laura Macken	Roscommon	15.03
	3	Mandy Bloomer	Mountmellick	15.13
400 M hurs	1	Mandy Bloomer	Mountmellick	61.63
	2	Melissa Collins	Loughrea	64
	3	Suzanne Cummins	Nenagh	64.14
Long Jump	1	Caroline Deasy	UCD	5.46
	2	Edel O Brien	Newbridge	5.37
	3	Catherine Teehan	Newbridge	5.27
High Jump	1	Olivia Scully	Emerald	1.65
	2	Deirdre Gahon	West Dublin	1.6
	3	Deirdre Ryan	Claremorris	1.55
Triple Jump	1	Nicola Hayes	Ferrybank	10.84
	2	Patricia Cahill	Lismore	10.65
	3	Yvonne Naughton	Slaney	10.5
Discus	1	Caroline Johnson	DED	38.24
	2	Rita Renehan	Fr Murphy	37.47
	3	Brenda Thompson	Slaney	34.08
Hammer	1	Brenda Thompson	Slaney	40.22
	2	Nicola Coffey	Navan	34.74
	3	Niamh Carroll	Bohereen	33.1

4x100 Relay	1	Newbridge	50.38	
	2	Ballinasloe	50.59	
	3	West Waterford	53.63	
4 x 400 Relay	1	Marian	4.07.9	
	2	Finn Valley	4.14.43	
	3	Loughrea	4.24.71	
Senior Women 10000 M	1	Rose Lamb	Knockbridge	34.34
	2	Ann Carroll	Tullamoe	35.49
	3	Patricia Griffin	Ballinamore	36.5

## Under 23

### Men

100 M	1	Jeff Pamplin	DCH	10.78
	2			
	3			
200 m	1	Gary Ryan	Nenagh	21.62
	2			
	3			
400 m	1	Shane Lawlor	Tullamore	50.66
	2			
	3			
800 m	1	Declan Stewaer	Kildare	1.54.54
	2			
	3			
1500 M	1	John Fenton	Kildare	4.13.63
	2			
	3			
5000 M	1	Conor Holt	DSD	14.57.5
	2			
	3			
10 k Walk	1	Raymond Walsh	SDS	51.48.95
	2			
	3			
110 mHurs	1	John Hallissey	Ferrybank	16.24
	2			
	3			
3000 m Chase	1	Patrick Byrne	Gowran	9.16.4
	2			
	3			
High Jump	1	Raymond Swan	Newbridge	1.95
	2			
	3			
Long Jump	1	Colin Casey	South Galway	6.58
	2			
	3			
Shot Putt	1	William Tyrell	Brehon	14.84
	2			
	3			
Discus	1	Ger Nagle	UCD	44.72
	2			
	3			
Javelin	1	Brian Scanlon	West Waterford	52.8
	2			

	3			
Hammer	1	Shane Scanlon	West Waterford	41.84
	2			
	3			

### Under 23 Women

100 m	1	Audrey Farrelly	Clonliffe	12.32
	2			
	3			
200 m	1	Antoinette Furlong	DMP	25.83
	2			
	3			
400 M	1	Deirdre O Rioran	Togher	63.27
	2			
	3			
800 M	1	Freda Davern	UCC	2.15.63
	2			
	3			
1500 m	1	Ann Marie Hynes	Tuam	4.40.11
	2			
	3			
3000 M	1	Ann Marie Hynes	Tuam	10.05.27
	2			
	3			
5000 Walk	1	Deirdre Gallagher	UCD	24.32.67
	2			
	3			
100 M Hurs	1	Patricia Naughton	Nenagh	14.3
	2			
	3			
400 M Hurs	1	Marie O Meara	Nenagh	65.08
	2			
	3			
Long Jump	1	Janice O Brien	Newbridge	5.92
	2			
	3			
Triple Jump	1	Fiona Mullen	WSAF	10.85
	2			
	3			
Shot Putt	1	Emma Gavin	Limerick	
	2			
	3			
Javelin	1	Katrina Campbell	NIAAF	40.3
	2			
	3			
Hammer	1	Emma Gavin	Limerick	33.46
	2			
	3			