

1973 BLE champs

Event	Position	Athlete	Club	Performance	
100 M	1	Frank Walley	Leevale	10.9	
	2	B Walley	Leevale		
	3	D O Connell	UCD		
200 m	1	Frank Walley	Leevale	22.1	
	2	B Walley	Leevale		
	3	C Courtney	Leevale		
400 m	1	Denis O Connell	UCD	49	
	2	Tim Crowe	Marian		
	3	Mick Dooley	St Finbarrs		
800 m	1	Noel Carroll	Civil Servic	1 50.1	
	2	Robert Norwood	Kilkenny		
	3	Mic Darmody	Crusaders		
1500 M	1	John Hartnett	Grange	3.45.9	
	2	Frank Murphy	Clonliffe	3.52.5	
	3	Denis Noonan	Grange	3.54.4	
5000 M	1	Pat P Riordan	Leevale	14.26	
	2	Gerry Deegan	Waterford		
	3	Ray Tracey	Waterford		
10000 M	1	Donie Walsh	Leevale	29.52.2	
	2	Des Mc Gann	Civil Service		
	3	Dick Hodgins	Leevale		
Steeple Chase	1	F Long	St Finbarrs		
	2				
	3				
110 m Hurs	1	Shay Fitzpatrick	Waterford	16.11	
	2	S Mc Loughlin	Grange		
	3	H Campbell	Ballyhaunis		
400 m Hurs	1	Tim Crowe	Marian	54.9	
	2	Paddy Smee	DCH		
	3	Frank Doherty	Crusaders		
3000 M Walk	1	J Mackey	Glenmire	13.32.8	
	2	Fintan Walsh	Waterford		
	3	P J Brennan	Carlow		
High Jump	1	Jim Fanning	Donore	6.5	
	2	E Fitzgerald	Portsmouth	6.4	
	2	B Curtin	Crusaders	6.4	
Long Jump	1	Cyril O Regan	Waterford	23.2.5	
	2	Hugo Duggan	Clonliffe	22.6	
	3	S Reidy	Limerick	22.2	
Triple Jump	1	Sean Power	Grange	47.6.5	
	2	N Sweeney	UCD	45.3	
	3	E Sheehan	Grange	44.2	
Shot	1	Bernie Coughlan	Leevale	50.4.75	
	2	Paddy Murphy	Grange	40.9.25	
	3	Tony Clarkson	Crusaders	39.7.5	
Discus	1	Len Braham	St Finbarrs	169.1	RECORD
	2	Phil Conway	Crusaders	160.6	
	3	M Fulton	Shamrock Newry		
Javelin	1	Pat Moore	Leevale	61.83	
	2	Tom O Connor	TCD	196.4.5	
	3	T Glynn	Hamilton	189.8	
Hammer	1	Len Braham	St Finbarrs	170.9.5	
	2	Phil Conway	Cruaaders	169.7	
	3	Bernie Hartigan	Limerick	165	

Pole Vault	1 Liam Gleeson	Nenagh	4.11
	2 S Tremer	Shamrock Newry	
	3 J O Brien	De la Salle Waterfodt	
56 LbsHeight	1 Tadh Twomey	Bandon	15.2
	2 Len Brahm	St Finbars	14.4
	3 L Nolan	Bandon	13.8
56 Lbs Distance	1 Len Braham	Bandon	27.9.75
	2 Tadh Twomey	St Finbars	27.9.25
	3 L Nolan	Bandon	26.3.75
Decathlon	1 Brendan Curtin	Crusaders	4842 7 events

WOMEN

100 M	1 Claire Walsh	Clonliffe	12.2
	2 Ann Jeffords	Leevale	
	3 Margaret Murphy	Ovens	
200 M	1 Claire Walsh	Clonliffe	24.3
	2 Aideen Morrison	Crusaders	
	3 P O Dwyer	Clonliffe	
400 M	1 Aideen Morrison	Crusaders	55
	2 P O Dwyer	Clonliffe	
	3 P Quinn	Ballinamore	
800 M	1 Mary Tracey	Guinness	2.8
	2 Jean Fleming	St Finbarrs	
	3 V Sherry	Glaslough	
1500 M	1 Mary Tracey	Guinness	4.25.5
	2 M Lynch	Raheny	
	3 D Foreman	Guinness	
100 m Hur:	1 F Cooney	St Anthony	16.3
	2 Margaret Murphy	Ovens	
	3 Sheila Flatman	Crusaders	
Shot	1 F Cooney	St Anthony	39.6.25 RECORD
	2 Margaret Murphy	Ovens	38.5.75
	3 Rosemary Murphy	Crusaders	34.4.5
Javelin	1 Rosemary Murphy	Crusaders	90.3
	2 Patrvia Downs	Crusaders	85.7
	3 B Cooney	St Anthony	113.1.5
Discus	1 Maria Dunne	Crusaders	125.0.5
	2 Rosemary Murphy	Crusaders	113.1
	3 F Cooney	St Anthony	113,015
Long Jump	1 Margaret Murphy	Ovens	18.875
	2 F Cooney	St Anthony	16.10.75
	3 B Murray	Grange	16.3.75
High Jump	1 Yvonne O Brien	Curragh	1.63
	2 Margaret Murphy	Ovens	5.1
	3 F Cooney	St Anthony	5
	3 Sheila Flatman	Crusaders	5
Penathlon	1 Margaret Murphy	Ovens	3171
	2		
	3		

1973 BLE Cross Country at Dundalk

Men

1 D Walsh	Leevale	37.22
2 R Crowley	St Finbarrs	37.31

3	P Coyle	Lourdes	37.42
4	P Gilsenan	Metro	38.06
5	D Mc Daid	Clonliffe	38.1
6	E Spillane	Donore	38.17
7	P O Riordan	Leevale	38.19
9	T Keegan	Naas	38.2
10	D Mc Gann	Civil Sevice	38.25

Team Inter Club

1	Donore	45
2	Leevale	52
3	Civil Sevice	83
4	Clonliffe	105
5	Tullamore	133
6	Lourdes	148

Women at Holycross

1	M Tracey	Guinness
2	D Foreman	Guinness
3	J Mc Nichol	Dublin
4	M Lynch	Raheny
5	M Buckley	Leevale
6	A Cummins	Clonliffe
7	V Sherry	Glaslough
8	C Moroney	Avondale
9	J O Leary	Leevale
10	J Fleming	St Finbarrs

Teams Inter Club

1	Guinness	22
2	Avondale	24
3	Clonliffe	27
4	Leevale	32
5	UCG	52
6	L O Toole	60

Junior Men

1	J Kiernan	Clonliffe	14.52
2	T Mc Cormack	Tullamore	14.59
3	M O Shea	Limerick	15.05
4	T O Leary	UCC	15.11
5	G Deegan	UCC	15.19
6	M Malone	salisbury	15.21
7	E Mealy	Leevale	15.27
8	M Tracey	Leevale	15.29
9	J O Connor	UCG	15.32
10	R Walker	UCG	15.35

Teams Inter Club

1	Clonliffe	35
2	Limerick	44
3	Grange	59

4	Raheny	63
5	Leevale	80
6	UCC	91